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The Calorific Value of Some Representative of Freshwater Benthos

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The relationships between dry and wet weights, water and ash content and calorific value of dry and organic matter in four species of bivalve mollusks in the course of growth, as well as the calorific value of individual larvae of Trichoptera, Ephemeroptera, Plecoptera and Chironomidae and of two species of gastropod mollusks are defined. Equations relating these values with growth are presented.

A widely used technique for study of ecological systems is analysis of energy content of them. Given this trend, there is a need for accurate evaluation of energy content of organisms. One must distinguish between the energy value (or the energy equivalent) of the given organism and its calorific value, which is the energy value per unit of dry weight. Though the difference between these two concepts has been stressed [6], they are often confused.

Among the aquatic invertebrates, we know least about the calorific value of dwelling animals and, particularly, about freshwater bivalve mollusks. Furthermore, there are virtually no data on the changes in calorific value during growth.

We therefore present here our data on the calorific value of the bivalve mollusks *Mytilus* Retz., *U. pictorum* L., *Anodonta piscinalis* Nilss. and *Sphaerium* suecicum from Lake Naroch' (Belorussian SSR), and also on that of larvae of Trichoptera (with a fairly large weight range), Ephemeroptera, Plecoptera and Chironomidae (with individual measurements) from Lake Zelenetskoye (Barents Sea coast). For the same mollusks we made individual measurements of the calorific value of Gastropod mollusks. We made these measurements in Lake Naroch' in June-July 1973, and in Lake Zelenetskoye in July-August 1971.

The wet weight of the animals was determined after drying on filter paper, dry weight after drying to constant weight in a desiccator at 75-82°C for 5 to 6 hours (mollusks) and 2 to 3 hours (all other animals). The ash was determined on 80 to 100 mg of dry weight, dried to constant weight and thoroughly ground, and burned for 5 to 6 hours in a muffle furnace at 550 to 600°C. All determinations were made in 2 to 3 replicates. Calorific value was determined by the bichromate oxidation method [6], as the average of 3 to 4 measurements. For conversion to calories, an oxy-caloric coefficient of 3.9 was used [5]. Where the data were adequate, we defined individual functional relationships by the method of least squares.

RELATIONSHIP BETWEEN DRY (W_{dry}) AND WET (W_{wet}) WEIGHT AND THE
Calorific Value of the Bottom-Dwelling Animals of
Lake Zelenetskoye

	Number of determinations	W_{dry}/W_{wet} , %	Calorific value	
			cal/mg W_{dry}	cal/mg W_{wet}
Plecoptera	3	24,5	4,9	1,20
Ephemeroptera	3	15,0	4,5	0,70
Chironomidae	5	14,5	5,4	0,81
<i>Lymanea peregra</i>	3	26,5	2,7*	0,70*
<i>Anisus acronicus</i>	4	31,9	1,5*	0,46*
Trichoptera	14	—	5,7	1,66

*Inclusive of the shell.

In some ecological investigations, it is essential to know the ratio between wet weights of the animals. The lowest ratios were obtained for the larvae of Cl and Ephemeroptera and the highest for mollusks with fairly large shells (Table 1) on basis of 28 measurements of Trichoptera larvae in the 3 to 12 mg weight range, between their dry (W_{dry}) and wet (W_{wet}) weights (mg) is

$$W_{dry} = (0,120 \pm 0,011) W_{wet}^{1,188 \pm 0,020}; \quad r = 0,874.$$

Similar equations were derived for Unio (26 determinations for each species) 0.845 to 79.760 g weight range, and for Anodonta (weight of 0.880 to 33.045 g):
for Unio

$$W_{dry} = (0,439 \pm 0,041) W_{wet}^{1,228 \pm 0,018}; \quad r = 0,996;$$

for Anodonta

$$W_{dry} = (0,203 \pm 0,050) W_{wet}^{1,070 \pm 0,015}; \quad r = 0,901.$$

From Eqs. (1-3) we can see that the ratio between dry and wet weight increases slightly as weight increases with age, especially in Anodonta. In spite of the fact that determinations were made in the mollusk Sphaerium suecicum, no systematic change was noted in dry weight as growth proceeded. The dry weight was 19 to 34 (average 26.5 percent) of the wet weight, the variation evidently being connected with the number of different age in the marsupia. If this, as well as the irregularity of release of the population are taken into account, then there probably is no defined relation between dry and wet weight in viviparous mollusks.

The water content in the shells and body of Unionidae did not change with age, averaged 3.3 percent (in Unio) and 4.7 percent (in Anodonta) of the weight of the bodies contains an average of 84.2 and 85.6 percent water respectively, while the residue of the cavity fluid accounts for 0.6 and 0.7 percent of the weight of the fluid. The quantity of cavity fluid (W_f) changes with the age of the mollusks and its dependence on wet weight (W_m) may be approximated by the power-law equations:

for Unio

$$W_f = (0,204 \pm 0,049) W_m^{1,101 \pm 0,042}; \quad r = 0,993;$$

for Anodonta

$$W_f = (0,303 \pm 0,051) W_m^{1,069 \pm 0,040}; \quad r = 0,984.$$

Shell weight (W_s) also changes similarly:

for Unio

$$W_s = (0,317 \pm 0,039) W_m^{1,065 \pm 0,025}; \quad r = 0,993;$$

Since the differences in the exponents in Eqs. (6) and (7) are statistic an average value of 1.074 for the exponent may be used. Naturally, the va constant in the equation also changes. From Eqs. (6) and (7) it can be seen between shell and mollusk weights changes slightly with age, and it is also Anodonata (32 and 16 percent).

The ash in the shells of Unio, Anodonta and Sphaerium amounted to 8: 53.9 percent of dry weight, respectively. In the dry residue of the cavity f (two determinations), ash accounted for 17.1 percent. The ash content in th 5 to 30 g Unionidae was virtually the same in the different species, and incr 15 percent as the weight increased. As growth proceeded in Anodonta, the their body continued to increase (22 to percent 23 percent in mollusks with a 30 to 35 g), while in Unio it remained at the same level (14 to 16 percent). may be connected with the differences in the life span (Anodonta species are more rapidly than Unio and their life span is shorter). The ash content in Suecicum decreases systematically with age:

W _{dry}	4.5	5.4	26.5	29.0	37.0
Ash content, %	74.4	74.0	51.7	55.0	47.4

(The measurements were made on mollusks with shells). In other words, th increase in the organics content, which may be connected with the viviparity of th

We detected no systematic changes in the calorific value of the shells a grew. On the average, it did not exceed 0.22, 0.16 and 0.19 cal/mg dry she Unio, Anodonta and Sphaerium, respectively. The calorific value of the body higher in Unio than in Anodonta (see Table 2). In both animals, at a weight o this value declined from about 4.6 to 4.8 to 3.6 cal/mg dry weight. In Unio over 30 g, it remained at 2.8 to 4.0 cal/mg dry weight.

In elevating the calorific value of the dry matter of the mollusk as a wh with the equation:

$$K_m = \frac{K_s W_s + K_b W_b}{W_m}$$

where K_m , K_s and K_b are the calorific values of the mollusks as a whole and shell and body separately, while W_m , W_s and W_b are the weights of the mollusk and the body, respectively.

The calculation showed that the calorific value of the dry matter of moll family Unionidae was virtually the same and that it decreased very slightly wit (Fig. 1). The change in calorific value of mollusks (with their shell) with grow approximated by the linear equation

$$Y = (1.136 \pm 0.041) - (0.010 \pm 0.0016) X,$$

where Y is the calorific value of the dry matter of the mollusk (cal/mg dry weight) its wet weight (g). More accurate results can be obtained with separate, equation for Unio

$$Y = (0.926 \pm 0.022) - (0.006 \pm 0.001) X,$$

for Anodonta

$$Y = (1.329 \pm 0.169) - (0.015 \pm 0.005) X.$$

The calorific value of the Sphaeriidae is so little dependent on their size th visible data do not indicate only dependence on weight (Table 3). The calorific v mollusks changed irregularly from 1.29 to 0.66 cal/mg dry mollusks weight (inc the shell).

Ash Content and Calorific Value of Mollusks of the Family Unionidae

W _{wet} , %	Ash content, %	Calorific value		W _{wet} , %	Ash content, %	Calorific value	
		cal/mg dry body weight	cal/mg organic matter			cal/mg dry body wt.	cal/mg organic matter
<i>U. tumidus</i>				<i>A. piscinalis</i>			
1,422	48,86	—	—	1,293	46,27	—	—
9,810	6,70	4,81	5,16	1,465	47,78	—	—
13,180	6,10	5,1	5,43	2,453	44,10	—	—
15,070	6,38	4,85	5,18	3,716	46,32	—	—
16,835	8,93	4,22	4,63	4,380	12,54	4,64	5,30
30,505	15,16	3,81	4,51	4,770	9,57	4,70	5,20
25,620	11,50	4,07	4,57	5,095	9,99	5,05	5,60
35,505	15,92	3,70	4,48	8,650	6,31	4,25	4,54
41,785	14,19	3,91	4,56	11,010	9,86	4,29	4,76
45,460	15,91	4,17	4,96	11,365	11,70	4,72	5,32
52,900	14,43	3,85	4,50	12,460	7,89	4,59	4,98
59,040	16,50	4,00	4,96	15,020	15,70	4,17	4,95
79,760	8,69	4,25	4,66	15,075	9,49	4,83	5,34
				15,390	6,77	4,68	5,02
				15,400	11,65	4,30	4,87
				16,950	8,49	4,50	4,92
				18,710	13,52	3,88	4,49
				18,960	12,50	4,45	5,05
				19,020	10,62	4,15	4,64
				19,710	10,50	4,69	5,24
				22,155	12,97	4,45	5,12
				22,305	13,07	3,94	4,54
				22,510	24,50	3,57	4,73
				23,210	14,95	3,56	4,20
				23,970	17,40	3,88	4,70
				32,570	20,90	—	—
				33,045	23,41	4,17	5,32
<i>U. pictorum</i>							
0,845	50,67	—	—				
6,650	6,85	4,81	5,17				
6,845	7,00	4,60	4,95				
8,535	6,85	4,80	5,17				
8,600	8,39	4,39	4,76				
9,900	6,85	4,48	4,81				
14,465	12,20	4,65	5,30				
14,950	9,10	5,10	5,60				
18,715	11,10	5,31	5,95				
20,305	8,47	5,10	5,57				
32,860	12,50	4,50	5,19				
33,930	16,12	4,40	5,25				

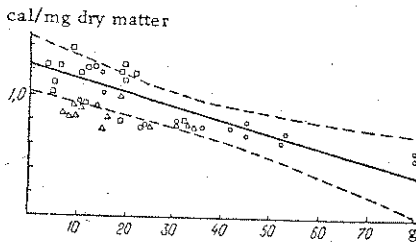


Fig. 1. Calorific value of dry matter of Unionidae mollusks in relation to their wet weight:

○) *U. tumidus*; △) *U. pictorum*;
 □) *A. piscinalis*. Here and in Fig. 2 wet weight of the mollusks is plotted on the abscissa.

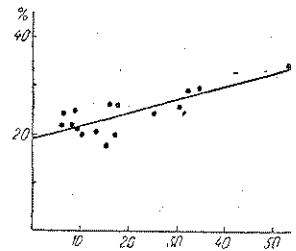


Fig. 2. Fraction of energy of the mollusk *Unio* stored in shell.

Assuming that the calorific value of the shell does not change with age, we can determine the fraction of energy of the whole mollusk stored in the shell. As one might expect, this fraction increases with growth. This increase is linear as can be seen from the example (Fig. 2) and, depending on the weight, can be approximated by a linear function

for Anodonta

$$Y = (8,51 \pm 2,38) + (0,205 \pm 0,069) X,$$

where Y is the fraction of the total energy stored in the shell (%), and X is the of the mollusk (g). It follows that the shell stores a higher energy fraction in Anodonta.

The calorific value of the organic matter of Unio and Anodonta is virtual and does not change with age. Its value varied from 4.2 to 5.6 (average 4.9) cal organic matter. This fits with literature data [6, 8]. From Table 2, it can be seen that the calorific value of the body of the mollusks likewise changes irregularly from 3 cal/mg dry weight. Similar values have been obtained by other authors [1, 2] for (3.22 to 4.78 cal/mg dry body weight), U. tumidus (3.38 to 4.41), A. piscinalis (4.78), Sphaerium rivicola, other Sphaeriid species and numbers of marine and mollusks. We can therefore state that the calorific value of the body in most b varies from 3.16 to 5.31 cal/mg dry weight. Among the animals studied, the highest calorific values occurred in Trichoptera larvae and the lowest in the Gastropod (see Table 1).

The power-law relationship between dry and wet weight is systematic, relationships having been defined for the animals of most diverse kinds [3, 12, 16]. The values for the exponents in our equations (1.07 to 1.228) are very close to those of other animals, for example, the larvae of Chironomids and Trichoptera [16] and Blattaria [3]. This means that our relationships have a wider applicability than just to the animals investigated. They suggest that in animals of different taxonomic positions, different origins and ecology, the ratios between dry and wet weights increase with growth at the same rate.

The calorific values and ash contents of animals studied by us are virtually the same as the values given in the literature [1, 6, 8, 10, 11]. One cannot, however, state that the lower calorific value of organic substances in mollusks as compared, for example, with those in insect larvae [11]. One must distinguish between the calorific value of the substance of the body of the mollusk, which, as we and other authors [17, 18] have shown, amounts to about 5 cal/mg organic substance, and the calorific value of the shell which is extremely low.

It has been stated above that the correlation between calorific value and dry weight in the animals can be approximated with good accuracy by the linear function $Y = a + bX$. Similar results have been obtained in studies of the calorific value of Chironomids and crustaceans [9, 12, 14]. This type of equation is the most accurate approximation of the experimental data, and the functional relationship between the two values should be considered as empirical, virtually devoid of any theoretical basis. Naturally, application of the empirical data by a straight line makes sense in this case only within strict limits, since at $X = 0$ $Y \neq 0$, a proposition devoid of any biological meaning. The direct application of equations of this type, therefore, the thresholds of validity of their application must be stated. Thus, for the mollusks studied, the equation stating the dependence of calorific value on weight can be used only within the 0.8 to 80 g weight range.

Table 3
Caloric Content of Sph. suecicum (with Shell)

W _{dry} , mg	Caloric content, cal per dry matter	W _{dry} , mg	Caloric content, cal per dry matter	W _{dry} , mg	Caloric content, cal per dry matter	W _{dry} , mg	Caloric content, cal per dry matter
2,5	1,02	23,0	0,81	5,5	0,87	42,0	0,78
2,5	1,09	23,0	1,02	7,0	0,83	47,5	0,77
3,5	1,19	26,5	1,05	9,5	0,88	52,5	0,96
4,5	0,82	27,0	1,00	11,0	0,96	62,5	0,74
4,5	1,29	29,0	0,67	17,5	0,90	191,1	0,66
4,5	0,90	36,0	0,83	19,0	1,01	—	—
5,5	1,05	37,0	0,76	19,5	0,92	—	—
5,5	1,00	40,70	0,75	—	—	—	—

relationship involved. Indeed, it is well known that the calorific value of an animal depends on the time of the onset of sexual maturity, physiological condition, feeding conditions, temperature, the time of year, etc. [1, 7, 11]. Our equations are adequate for calculating average calorific values of animals during growth. But where greater accuracy is required, account must be taken of the different kinds of deviations from the average, brought about by various factors. Still, in ecological investigations it is generally quite sufficient to use average calorific values, as per our equations.

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